Garner Senior Citizens Advisory Committee Minutes March 17, 2023

9:00 a.m.

Location: Garner Senior Center

Call to Order and approval of January 2023 minutes: Tony DeRico called the meeting to order at 9:03am.

Committee members in attendance: Tony DeRico (Chair), Sharon Verity (Vice Chair), John Bigliardi, Tina Johnson, Jo Cicci, Anne Morgan, Charlie Pearce, Michael Tew

Staff members present: Nancy Hulbert (Recreation and Programs Assistant Manager), Megan Young (Operations Superintendent), Todd Riddick (Recreation Superintendent)

John Bigliardi motioned to approve minutes from January meeting, Sharon Verity seconded. Committee motioned to approve with no edits.

1. New Business:

- a. Jennifer Murray, Resources for Seniors agency update: Director retired and there are staff changes. They are short on directories, but Jennifer is planning to secure more to bring to GSC. Wrapping up open enrollment and appointments have been steady. Medicare 101 will be held on April 4, 10am at GSC.
- b. PRCR Advisory Committee Update: Charlie Pearce shared an update from the February meeting, including staff's request for the PRCR Advisory Committee to review the PRCR comprehensive master plan, which will be discussed in more detail at the March meeting. Charlie shared she presented the request for modified GRC memberships for seniors.
- c. Department Updates: Todd Riddick shared grant updates, including the "Active Living Every Day" (ALED) program supported by the Healthy Aging through Parks and Recreation grant. Todd reminded the committee Silver Arts Follies, part of the Wake County Senior Games, will be held at GPAC on March 22 at 4pm. Nancy Hulbert shared visual and heritage pieces will be featured in GPAC's lobby. She also shared Amy Pridgen, Arts and Culture Superintendent, will sing the National Anthem and host the show and Scott Honeycutt is assisting with lights. Todd also shared the spring/summer brochure has been printed and mailed, camp registrations started, Spring Eggstravaganza will be on April 1, 10am-12:30pm at Lake Benson Park, and Big Sweep/Litter Sweep will be on March 25 from 9-10:30am at White Deer Park.
- d. Congressman Wiley Senior Citizen's Round Table: Tony DeRico shared he and Charlie Pearce had the opportunity to share issues that seniors are facing and addressed needs of seniors with Congressman Wiley. They suggested coffee with Congressman and have proposed dates for the committee to consider. Staff will look at GSC calendar and confirm date(s) soon. AARP representative was also in attendance and it's possible GSC can partner with them on technology classes. The committee suggested volunteers to assist with appointments.

2. Old Business:

e. GSC Program update and review of January and February reports: Nancy Hulbert provided an overview of the program reports (also printed for committee), including fitness class updates. Nancy shared they're looking for an aerobics instructor to replace the classes she currently teaches.

f. Plan for open house

- Vision: Host a drop-in event where citizens can come in and tour GSC, information, fill out an interest sheet and surveys to gather public input on our current and future programming. This would be hosted by staff and committee members.
- The committee selected May 8 for the open house and use that time to promote upcoming programs, including Coffee with a Congressman. Committee discussed other time frame options or extend it to include people that work during the day. Committee agreed to change time to 3-7pm. Committee availability below:
- Committee discussed ideas to include as part of the open house including new to Garner and new to GSC information (including maps and brochures), refreshments, tours, surveys
- Committee set April 12, 9am at GSC for an open house planning meeting where decisions will be made on tour components and assignments.

3. GSCAC Committee Announcements:

Next GSCAC committee meeting on May 19, 9am.

Anne sings with NC Master Chorale and shared dates/times of upcoming shows.