

GSCAC Minutes
Friday, November 18, 2022

Attendance: Tony DeRico, Tina Johnson, John Bigliardi, Michael Tew, Sharon Verity

Call to order: 9:10am Tony DeRico, Committee Chair

Approval of September Minutes

GPRCR meeting update- Tina Johnson, Committee Liaison reported GRC is planning to have an inclusive playground and other equipment on campus to promote inclusivity. A grant request is being made to assist with this initiative. Tina has attended a town planning meeting about the town Master plan representing the committee. Tony DeRico, Committee Chair, is serving on the Garner Pedestrian Plan Steering Committee as a representative from GSCAC. Quick mention of a sidewalk project and skateboard park or area. Tina mentioned she is concerned about the plans for accessibility with upcoming town projects especially greenway accessibility. Recommendations that seniors get a discount for PRCR activities that are not specific for older adults.

****Discussion about the change in fitness pass and indoor walking access at the GRC. Committee has agreed to include a comprehensive fee review in the January 2023 meeting.**

Plan for public input meeting- Discussions about hosting public input sessions. Suggested having planning sessions in March and September meetings. The idea is to allow participants and the public to give input on programming, ask questions, make suggestions and provide feedback for staff to use in planning. These forums will be facilitated by the GSCAC in hopes of offering a more open dialogue.

Gardening for Life: Torrey discussed the final stages of inaugural year with Gardening for Life. Plans to install fence, raised beds and celebration.

September and October activity reports 20 new participants each month. Nancy discussed virtual programs, our YouTube Channel and challenges with filming equipment has been down. Equipment has been repaired and recording resume in a few weeks. Nancy also announced that Adult Fitness programming is moving to the GRC team. This will remove supervision of these programs from the GSC team.

RFS Update: Jennifer Murray, Service Coordinator, updated the group that RFS has a limited number of Resource Directories are running low. There is a plan to reorder. SHIIP Appointments are high demand and there aren't any available appointments at our location. At this time, appointments are being scheduled through the main SHIIP office. Holiday Dreams, a program to offer assistance for seniors with food and gifts for the holiday.

Upcoming Holiday Events: Torrey reported about the Senior Center

GSCAC Committee Announcements 2023:

Idea from Michael Tew: Would like to find more programs or activities that men may be interested in participating. Ideas were offered: Softball, scrub ball, using the field possibly to add to a field day activity. Classic car shows, fish and wildlife programs were other ideas.

Sharon Verity requests improvements be made to the closet in the game room. She recommends new shelving. Staff will investigate the situation and make changes.

Adjourned at 10:25am

**** Will be added to January 20th Meeting Agenda**

Respectfully submitted, Torrey Blackmar

Approved 1/20/2023